

**Guidelines for Acceptable Trainings/Classes/Courses
To Fulfill the Prevention Education Prerequisites
Revised May, 2016**

These guidelines are intended to provide Certified Prevention Professional (CPP) and Associate Prevention Professional (APP) applicants with information about previously approved trainings/classes/courses that have been approved to fulfill the prevention education prerequisites. It is not an exhaustive list. Other trainings/classes/courses may be submitted for consideration as part of your application. PSCBW will update this list periodically. The following are examples of previously approved trainings/classes/courses:

1. Alcohol, Tobacco and Other Drug (ATOD) Education

- Pharmacology
- Prescription Drug Training
- ADIS (Alcohol/Drug Information School)
- Addiction Training Institute
- The Addicted Brain/The Adolescent Brain and the Impact of Drugs and Alcohol on Development
- North West Conference on Behavioral Health and Addictive Disorders
- Drug Identification training (such as provided by law enforcement)

2. ATOD Prevention Education

- Substance Abuse Specialist Skills Training
- WA.SAPST
- Washington State Prevention Summitⁱ
- National Prevention Network Prevention Research Conference
- New Mexico Media Literacy Project Training
- Media Literacy Conference, NW Center for Excellence in Media Literacy, University of WA
- The Science of the Positive: Applying a Social Norms Model
- Positive Community Norms Institute Trainings (Montana – Most of Us)
- Tobacco Prevention Resource Center: Moving Beyond Widgets
- Conference: Protecting Our Communities from Tobacco
- TATU (Teens Against Tobacco Use)
- Tobacco Prevention Conference
- Meth Watch Washington Conference
- CADCA Mid-Year Training Institute
- CADCA's National Coalition Institute offers a variety of training opportunities, from two-day regional events to its signature National Coalition Academy, a year-long training that incorporates three week-long classroom sessions, and a Web-based distance learning component
- CADCA: 40 hours of Coalition Course Training, Week 1 through Week 3
- Life Skills Facilitator Training (Botvin)
- The Nurturing Parenting Program (Bavolek)
- Project Alert
- Strengthening Families Facilitator Training (Iowa and Utah versions)
- The Art and Science of Community Organizing
- Student Assistance Program
- Project Success
- Guiding Good Choices
- Connecting with Your Teen
- Any Evidence-Based/Best Practice Programs as listed on the
 - SAMHSA website: <http://nrepp.samhsa.gov/ViewAll.aspx>

- SAMHSA online courses for Substance Abuse Prevention Professionals: <http://captus.samhsa.gov/access-resources/resource-types/online-courses> www.theathenaforum.org (when you get to the Athena Forum, click on Learning Library, which lists the Excellence in Prevention Programs).

3. Prevention Ethics

- The Art and Science of Community Organizing
- <http://swpc.ou.edu/services/descriptions.html#o> *Exploring Ethics in the Prevention Field 2020*
- Ethical Decision Making in Substance Abuse Prevention: http://casat.unr.edu/ethics_overview.html

3. General Prevention Education

- Substance Abuse Prevention Skills Training
- WA.SAPST Skills Training
- Washington State Prevention Summit
- CADCA Training Institute
- Tribal Gathering
- Warm Beach Retreat
- Wellbriety Program (sons, daughters, families of tradition)
- Second Step (violence prevention)
- ASIST – Suicide Prevention Training
- The Art and Science of Community Organizing
- HIV/AIDS Prevention Training/Classes
- Domestic Violence Training/Classes
- Still More Activities that Teach
- Events related to Indicated Populations/Indicated Prevention Strategiesⁱⁱ (such as Global Appraisal of Individual Needs (GAIN), Dialectic Behavioral Therapy (DBT), Motivational Interviewing)
- END (End Nicotine Dependence)
- Adverse Childhood Experiences (ACES)

Cross Domains (with Estimated Hours per Domain)ⁱⁱⁱ

- The Art and Science of Community Organizing = 3 hours ATOD Prevention Education+ 4 hours Prevention Ethics + 16.5 hours General Prevention
- EWU-ADST 410 Community Prevention Methods, on-line = 4 hours of ATOD Education+4 hours of Prevention Ethics+ 32 hours of ATOD Prevention Education

ⁱ *Washington State Prevention Summit*: These hours may also fall within ATOD Prevention Education, General Prevention or split into different domains, depending upon the workshop attended. An applicant should clearly document which workshops he/she attended.

ⁱⁱ The Institute of Medicine defines indicated prevention strategies as strategies designed to prevent the onset of substance abuse in individuals who do not meet DSM-IV criteria for addiction, but who are showing early danger signs, such as failing grades, and experimentation with alcohol/tobacco and other gateway drugs. Indicated prevention programs address risk factors associated with individuals, who have a condition that puts them at very high risk.

ⁱⁱⁱ Since hours for trainings, conferences and classes may vary, these guidelines do not specify the exact number of hours for each respective event.

University of Washington School of Social Work approved courses

PSCBW Eligibility Committee approved the following course work be credited toward the Prevention Educational Prerequisites (August 2014).

1. ATOD (Alcohol, Tobacco and Other Drug) Education

- SW 572 – 27 hours
- SW593 – 4 hours

2. ATOD Prevention Education

- SW 516 - 18 hours
- SW 517 – 24 hours
- SW 518 – 10 hours

3. Prevention Ethics

- SW 516 - 2 hours
- SW 517 – 6 hours

4. General Prevention Education

- SW 501 – 15 hours
- SW 504 - 24 hours
- SW 505 – 24 hours
- SW 506 – 22 hours
- SW 512 – 18 hours
- SW 513 – 18 hours
- SW 516 – 10 hours
- SW 518 – 20 hours
- SW 521 – 21 hours
- SW 529 – 30 hours
- SW 588 – 17.25 hours